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Graduated in medicine at the University of Amsterdam in 1987. The same year he completed his PhD thesis on "Clinical and experimental studies with a low molecular weight heparinoid". He went for postdoctoral training to Beth Israel Hospital and Harvard Medical School Boston to expand studies on mechanisms of inflammation associated coagulation activity from 1988-1990. He trained in Internal medicine at Slotervaart hospital and Academic Medical Center Amsterdam (completed 1996). Clinical Established investigatorship from the Dutch Heart Foundation 1996-2002. Fellow, Gutenberg Research College, Gutenberg University, Mainz 2012-2016. Other relevant experience and professional memberships: Chairman of the board, Dutch Federation of Anticoagulation clinics (FNT; 2011-), Fellow American Heart Foundation, Member American Society of Hematology, Member International Society of Thrombosis and Haemostasis. Editorial board: Journal of Thrombosis and Haemostasis, Science Open; Academic Editor, PlosOne; Section editor Thrombosis and Haemostasis; Editor-in-chief (jointly with dr. Yukio Ozaki) Thrombosis Journal.

His research focus is on mechanisms of hypercoagulability in complex cardiovascular disease, including atherothrombosis, atrial fibrillation and ischemic stroke. He is PI in the CVON programs RACE-5 and CONTRAST.